

**Checklist of Current Symptoms:** This is not meant to be used as a diagnostic scheme, but is provided to streamline the office interview. Note the format – complaints referable to specific organ systems and specific co-infections are clustered to clarify diagnoses and to better display multisystem involvement.

Have you had any of the following in relation to this illness? (CIRCLE “NO” OR “YES”)

Tick Bite	N Y	“EM” rash (discrete circle)	N Y
Spotted rash over large area	N Y	Linear, red streaks	N Y

Symptom or Sign:	Current Severity				Current Frequency				
	None	Mild	Moderate	Severe	NA	Never	Occasional	Often	Constant
Persistent swollen glands									
Sore throat									
Fevers									
Sore soles, esp. in the AM									
Joint pain:									
Fingers, toes									
Ankles, wrists									
Knees, elbows									
Hips, shoulders									
Joint swelling:									
Fingers, toes									
Ankles, wrist									
Knees, elbows									
Hips, shoulders									
Unexplained back pain									
Stiffness of the joints or back									
Muscle pain or cramps									
Obvious muscle weakness									
Twitching of the face or other muscles									
Confusion, difficulty thinking									
Difficulty with concentration, reading, problem absorbing new information									
Word search, name block									
Forgetfulness, poor short term memory, poor attention									
Disorientation: getting lost, going to wrong places									
Speech errors – wrong word misspeaking									
Mood swings, irritability, depression									
Anxiety, panic attacks									
Psychosis (hallucination, delusions, paranoia, bipolar)									
Tremor									
Seizures									
Headache									
Light sensitivity									
Sound sensitivity									
Vision: double, blurry, floaters									
Ear pain									
Hearing: buzzing, ringing, decreased hearing									
Increased motion sickness, vertigo, spinning									
Off balance, “tippy” feeling									

Symptom or Sign:	Current Severity				Current Frequency				
	None	Mild	Moderate	Severe	NA	Never	Occasional	Often	Constant
Lightheadedness, wooziness, unavoidable need to sit or lie									
Tingling, numbness, burning or stabbing sensations, shooting pains, skin hypersensitivity									
Facial paralysis-Bell's Palsy									
Dental pain									
Neck creaks and cracks, stiffness, neck pain									
Fatigue, tired, poor stamina									
Insomnia, fractionated sleep, early awakening									
Excessive night time sleep									
Napping during the day									
Unexplained weight gain									
Unexplained weight loss									
Unexplained hair loss									
Pain in genital area									
Unexplained menstrual irregularity									
Unexplained milk production; breast pain									
Irritable bladder or bladder dysfunction									
Erectile dysfunction									
Loss of libido									
Queasy stomach or nausea									
Heartburn, stomach pain									
Constipation									
Diarrhea									
Low abdominal pain, cramps									
Heart murmur or valve prolapse?									
Heart palpitations or skips									
"Heart block" on EKG									
Chest wall pain or ribs sore									
Head congestion									
Breathlessness, "air hunger," unexplained chronic cough									
Night sweats									
Exaggerated symptoms or worse hangover from alcohol									
Symptom flares every 4 weeks									
Degree of disability									

Diagnostic Checklist:

To aid the clinician, a workable set of diagnostic criteria were developed with the input of dozens of front line physicians. The resultant document, refined over the years, has proven to be extremely useful not only to the clinician, but it also can help clarify the diagnosis for third party payers and utilization review committees. It is important to note that the CDC's published reporting criteria are for surveillance only, not for diagnosis. They should not be misused in an effort to diagnose Lyme or set guidelines for insurance company acceptance of the diagnosis, nor be used to determine eligibility for coverage.

## RELATIVE VALUE

<b>LYME BORRELIOSIS DIAGNOSTIC CRITERIA:</b>	<b>RELATIVE VALUE:</b>
Tick exposure in an endemic region	1
Historical facts and evolution of symptoms over time consistent with Lyme	2
Systemic signs & symptoms consistent with Bb infection (other potential diagnoses excluded):	
Single system, e.g., mono-arthritis	1
Two or more systems, e.g., mono-arthritis and facial palsy	2
Erythema migraines, physician confirmed	7
Acrodermatitis Chronica Atrophicans, biopsy confirmed	7
Seropositivity	3
Seroconversion on paired sera	4
Tissue microscopy, silver stain	3
Tissue microscopy, monoclonal immunofluorescence	4
Culture positivity	4
B. burgdorferi antigen recovery	4
B. burgdorferi DNA/RNA recovery	4
<b>DIAGNOSIS:</b>	
Lyme Borreliosis Highly Likely	7 or above
Lyme Borreliosis Possible	5-6
Lyme Borreliosis Unlikely	4 or below

I suggest that when using these criteria, you state Lyme Borreliosis is “unlikely,” “possible,” or “highly likely” based upon the following criteria – then list the criteria.